*Vocab:*

* Personality
* Psychodynamic theories
* Psychoanalysis
* Unconscious
* Free association
* Id
* Ego
* Superego
* Psychosexual stages
* Oedipus complex
* Identification
* Fixation
* Defense mechanisms
* Repression
* Collective unconscious
* Projective test
* Thematic Apperception Test (TAT)
* Rorschach inkblot test
* Terror-management theory
* Humanistic theories
* Hierarchy of needs
* Self-actualization
* Self-transcendence
* Unconditional positive regard
* Self-concept
* Trait
* Personality inventory
* Minnesota Multiphasic Personality Inventory (MMPI)
* Empirically derived test
* Social-cognitive perspective
* Behavioral approach
* Reciprocal determinism
* Self
* Spotlight effect
* Self-esteem
* Self-efficacy
* Self-serving bias
* Narcissism
* Individualism
* Collectivism

*Answer the following questions in the blanks below the question.*

**Module 55**

1. How does Myers define *personality*?

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1. What did Sigmund Freud believe about the source of psychological problems?

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1. What did Sigmund Freud observe in his medical practice that led him to do psychological research?

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1. What did Freud believe to be the purpose of free association?

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1. What did Freud believe about people’s repressed thoughts?

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1. What does Freud say that human personality arises from?

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1. According to Freud, what is the function of the id?

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1. What happens as the ego develops in the young child?

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1. How does Myers describe the superego? When does it develop? Would a psychopath be most likely to have an exceptionally strong superego or an exceptionally weak one?

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1. According to Freud, what is the process of identification in children? Why does he say this phenomenon happens? How does this relate to our gender identity?

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1. How does Freud theorize that a fixation that is unresolved during development will manifest itself in adulthood (i.e. oral gratification)?

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1. How did Freud say that the ego protects itself?

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1. Give one example of each defense mechanism:
   * Repression: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Regression: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Reaction formation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Projection: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Rationalization: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Displacement: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Sublimation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Denial: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Which of Freud’s ideas did Neo-Freudians accept? Which did they reject?

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1. Give some of the ideas shared by Neo-Freudians:
   * Alfred Adler: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Karen Horney: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   * Carl Jung: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. What are projective tests? What do they aim to measure or explain?

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1. Why is the validity and reliability of such tests called into question?

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1. Why should modern psychologists and researches withhold judgment and not be so quick to criticize Freud for his theories?

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1. What evidence do we now have that contradicts Freud’s theory that suppressed sexuality causes psychological disorders?

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1. Why are Freudian theories considered to be less than scientific?

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1. What evidence do we have to combat Freudian theories of repression?

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1. Which two of Freud’s defense mechanisms are actually supported by research?

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1. What term do modern researchers use to describe (what Freud would call) projection?

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**Module 56**

1. How is the humanistic approach to psychology different than that of psychoanalysts, such as Sigmund Freud?

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1. Abraham Maslow’s humanistic theory was based around people’s motivation by what?

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1. What example is given of a person Maslow studied for their rich and productive life?

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1. In what way were the theories of Carl Rogers like those of Maslow? What did Rogers believe was necessary in a growth-promoting climate?

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1. How did many humanistic psychologists view standardized personality assessments, such as questionnaires?

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1. Give examples of the impact that Carl Rogers and Abraham Maslow have had on psychology.

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1. What are some of the accusations made against the humanistic movement?

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**Module 57**

1. What is the Myers-Briggs Type Indicator (MBTI)? What is it designed to assess?

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1. What is a *factor analysis*?

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1. What are the two dimensions that Sybil and Hans Eysenck use to explain individual personality variations?

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1. How are personality inventories different from other questionnaires? What is the MMPI, and what does it measure?

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1. What are the five dimensions of personality described in McCrae and Costa’s “Big Five” personality factors? What acronym is used for the “Big Five”? (Note: read “AP Exam Tip” on pg. 599; the Big Five is a popular topic in FRQ’s)

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1. What do people’s taste in music, bedrooms and emails (or text messages) say about their personality?

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**Module 58**

1. What is the *social-cognitive* perspective?

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1. Explain reciprocal determinism using an example NOT listed in the book.

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1. What is the criticism given to social-cognitive perspective?

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**Module 59**

1. How did a researcher test the “spotlight effect” with Cornell University students? What were the findings?

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1. How does self-esteem differ from self-efficacy? Which is more important in predicting school achievement?

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1. What important effect is listed of low self-esteem? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. What are some listed examples of *self-serving bias*?

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1. What are the listed dangers of narcissism in “generation me” from Jean Twenge’s 2014 study?

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1. What is different about the values and goals of *individualist* societies compared to *collectivist societies*? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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